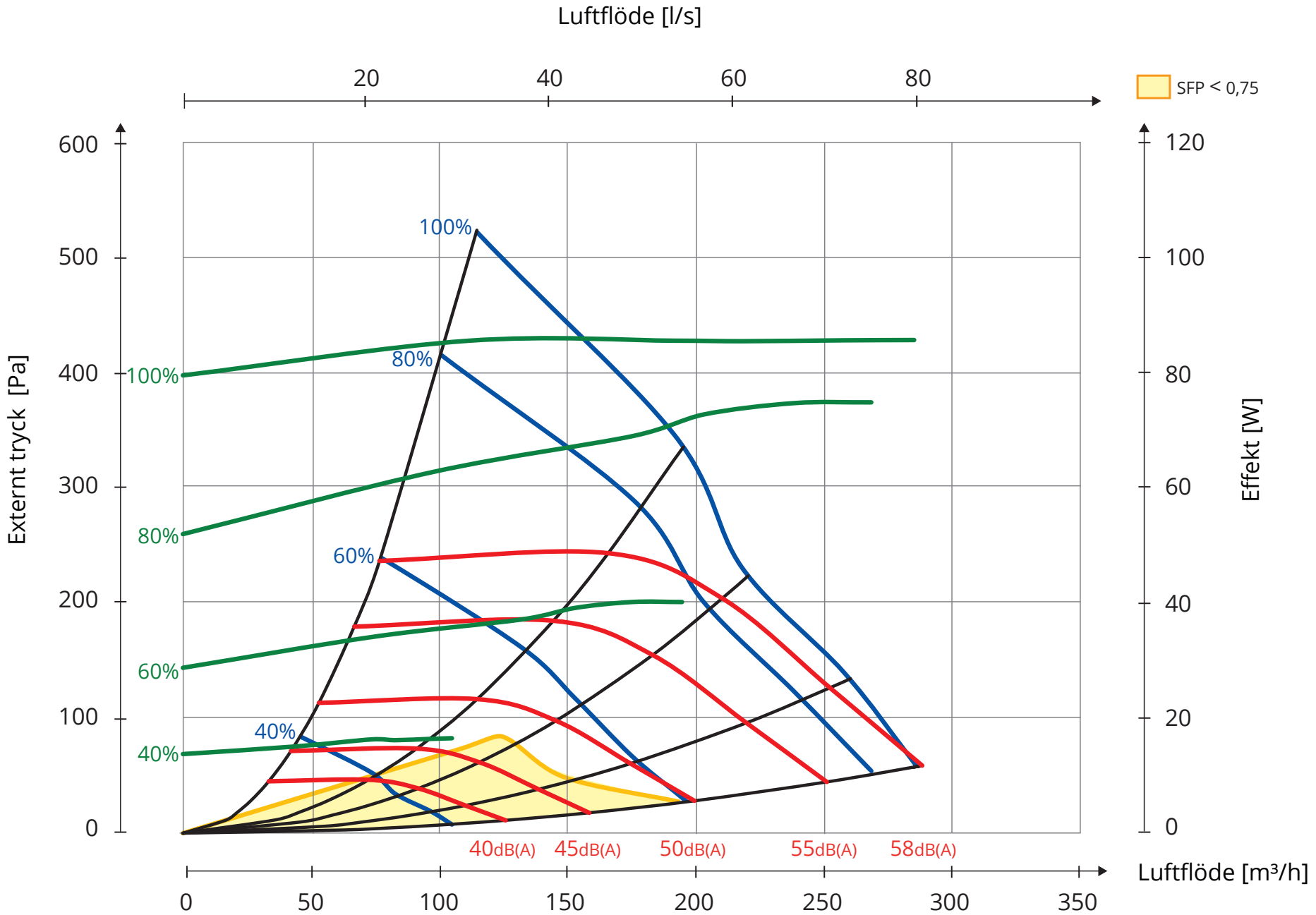Frånluftssida L